Bibliotherapy Book Titles from The Secret, Book, and Scone Society

• Books given to Nora to help her during her burn treatments. These reads could be applied to anyone who has suffered physical or emotional scarring.
  o Frankenstein – Mary Shelley
  o The Phantom of the Opera – Gaston Leroux
  o The Elephant Man – Christine Sparks
  o Looking for Alaska – John Green
  o Waiting for Morning – Karen Kingsbury
  o Night Road – Kristin Hannah
  o The Burn Journals – Brent Runyon

• Books Nora recommends to discover joy through cooking:
  o 32 Yolks – Eric Ripert
  o Chocolat – Joanne Harris
  o The Joy Luck Club – Amy Tan
  o A Moveable Feast – Ernest Hemingway
  o The Hundred-Foot Journey – Richard Morais
  o Gourmet Rhapsody – Muriel Barbery
  o Kitchen – Banana Yoshimoto

• Books Nora recommends to bring a father closer to his daughter:
  o Empire Falls – Richard Russo
  o To Kill A Mockingbird – Harper Lee
  o The Sweetness at the Bottom of the Pie – Alan Bradley
  o Little House on the Prairie – Laura Ingalls Wilder
  o America’s First Daughter: A Novel – Stephanie Dray and Laura Kamoie

• Summer read recommendations as found in the window of Miracle Books:
  o That Chesapeake Summer – Mariah Stewart
  o Beautiful Ruins – Jess Walter
  o The Hypnotist’s Love Story - Liane Moriarity
  o The Rumor – Elin Hilderbrand
  o Title Wave – Lorna Barrett
  o All That Man Is – David Szalay
  o Pines – Blake Crouch
  o Blubber – Judy Blume
  o Island of the Blue Dolphins – Scott O’Dell

• Books Nora recommended to treat canine anxiety:
  o Essential Oils for Dogs: Safe Natural Remedies for Your Dog or Puppy – Dr. Phillip Oz
- Bad Dog (A Love Story) – Martin Kihn
- New Choices in Natural Healing for Dogs & Cats – Amy Shojai